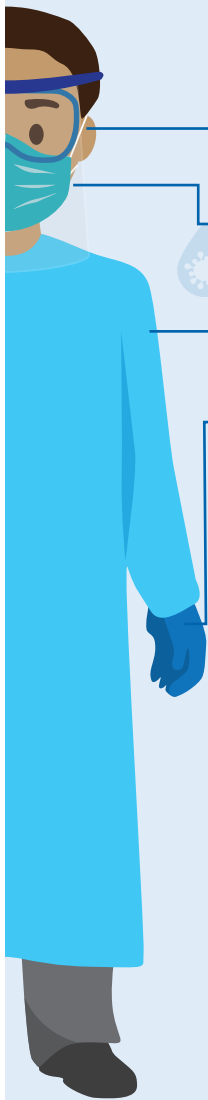


# Recommendations for physiotherapists working with people with COVID-19



During the treatment of anyone with suspected or confirmed COVID-19, physiotherapists should follow **droplet protection** and wear:



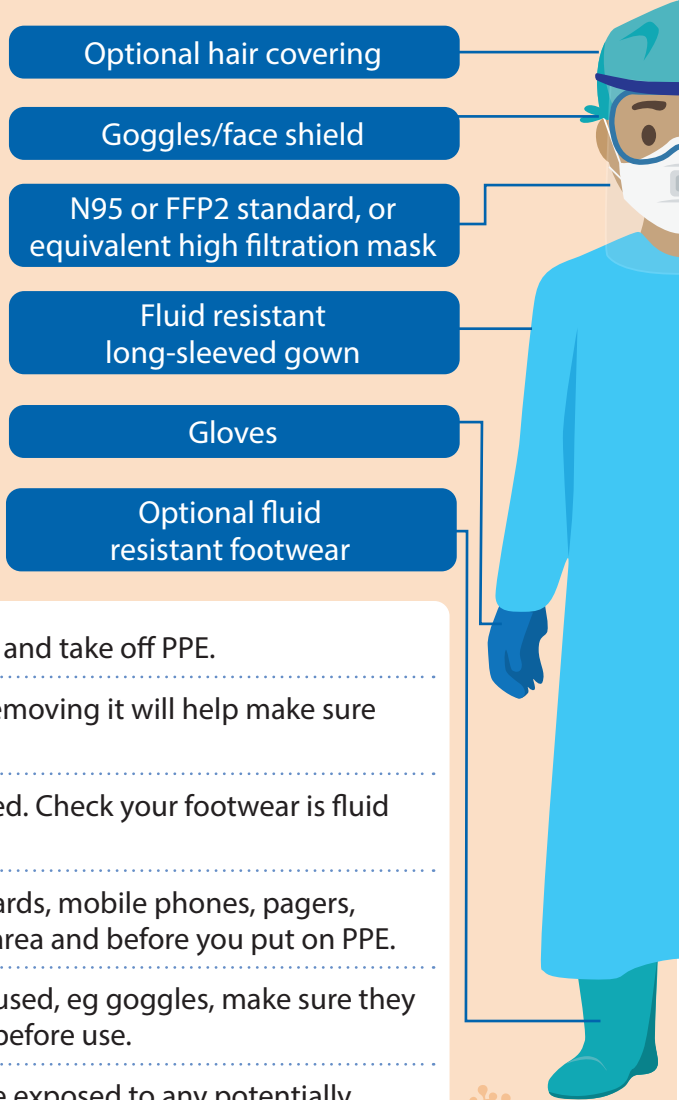
Goggles/face shield

Surgical mask

Fluid resistant long-sleeved gown

Gloves

During the treatment of anyone with suspected or confirmed COVID-19 and significant respiratory illness, physiotherapists should follow **airborne protection** and wear:



Optional hair covering

Goggles/face shield

N95 or FFP2 standard, or equivalent high filtration mask

Fluid resistant long-sleeved gown

Gloves

Optional fluid resistant footwear

Make sure you know how to put on, and take off PPE.

If you have a beard or moustache, removing it will help make sure your face mask fits properly.

Tie your hair back and keep it covered. Check your footwear is fluid resistant and can be wiped down.

Remove any earrings, watches, lanyards, mobile phones, pagers, pens etc before you enter a clinical area and before you put on PPE.

If the PPE you are using has been reused, eg goggles, make sure they have been cleaned and disinfected before use.

Keep your PPE in place while you are exposed to any potentially contaminated areas. Do not adjust your mask or any other PPE while you are with a patient.

Check local guidelines for information on how to wash and wear your work clothes or uniform.

You must apply correct PPE, irrespective of physical isolation.

Don't share equipment. Use only single use equipment if you can.