**ΑΝΑΠΝΕΥΣΤΙΚΗ ΦΥΣΙΚΟΘΕΡΑΠΕΙΑ**

**ΕΡΓΑΣΙΕΣ ΘΕΩΡΙΑΣ (συντελεστής 0.30)**

1. **6MWDT in COPD**
2. **Incremental Shuttle Walking Test (ISWT) in COPD**
3. **Sit to Stand tests in COPD.**
4. **Timed up and go test (TUG) in respiratory diseases (COPD-Asthma)**
5. **MRC in respiratory diseases (COPD-Asthma)**
6. **Borg scale in respiratory diseases (COPD-Asthma)**
7. **Asthma Control Test - ACT**
8. **Nijmegen Questionnaire in asthma**
9. **SF-36 v2 questionnaire in respiratory diseases (COPD-Asthma)**
10. **The BODE index in COPD.**
11. **General Self efficacy Scale - GSE in asthma**
12. **General Self efficacy Scale - GSE in COPD**
13. **Asthma Quality of life Questionnaire – AQLQ**
14. **Baseline dyspnea index (BDI) in COPD**
15. **The free running asthma screening test (FRAST) in asthma**
16. **3‐Min step screening test in asthma**
17. **The Rapid Assessment of Physical Activity (RAPA)**
18. **Stair test in COPD**
19. **The 7 days Stanford physical activity questionnaire in COPD**
20. **The Fear of Covid-19 Scale (FCV-19S) in people with COPD.**
21. **The Fear of Covid-19 Scale (FCV-19S) in people with asthma.**
22. **Pursed lips breathing in patients with COPD.**
23. **The Effect of Incentive spirometry in post-operative patients with COPD**
24. **The Effect of Incentive Spirometry on Postoperative Pulmonary Complications**
25. **The Effect of Incentive Spirometry on Postoperative Cardiological Complications**
26. **Breathing exercises for Dysfunctional breathing in patients with COPD**
27. **Breathing exercises for Dysfunctional breathing in patients with asthma**
28. **Pediatric asthma and physical activity**
29. **Written action plans for asthma in children**
30. **The role of diaphragm in spine stabilization**
31. **Home based pulmonary rehabilitation in COPD.**
32. **Home based self-management program in asthma.**
33. **Pulmonary rehabilitation in Cystic Fibrosis**
34. **Manual therapy of the diaphragm for people with Obstructive Lung Diseases**
35. **Manual therapy of the diaphragm for people with Obstructive Lung Diseases**
36. **Swimming in asthma**
37. **Sports in asthma**
38. **Relaxation exercises in asthma**
39. **Clinical effects of YOGA in Asthma**
40. **Clinical effects of YOGA in COPD**
41. **Asthma and anxiety**
42. **Nutrition in patients with COPD**
43. **Obesity and childhood asthma**
44. **Obesity in adults with asthma**
45. **Airway clearance therapy in Cystic Fibrosis**
46. **The effect of clinical Pilates in COPD**
47. **The effect of pulmonary rehabilitation in post Covid patients**
48. **The effect of inspiratory muscle training in post Covid patients**
49. **The effect of inspiratory muscle training in the elderly**
50. **Tele-rehabilitation in COPD**
51. **Mobile application for self-management in COPD**
52. **Mobile application for self-management in asthma**
53. **Tele-rehabilitation in pediatric asthma**